



## Updates on MPX, COVID-19 and Meningitis October 3, 2022

### MPX

MPX (pronounced “em-pox”) is a virus that can cause skin lesions either in local site such as genitals or over the body. It can also cause fever, fatigue, and enlarged lymph nodes. It is spread by close contact, including direct skin-to-skin contact. Most cases are in men who have sex with men, but anyone can get MPX. San Francisco has limited doses of the Jynneos MPX vaccine for **post-exposure prophylaxis vaccination**, which means for people who have already been exposed or possibly exposed to a person who has MPX. Visit this SFDPH website for more information, including **who is eligible for vaccination**: <https://sf.gov/information/monkeypox>.

As supply dictates, first and second doses of MPX vaccine are available by appointment at healthcare providers and clinics throughout the city.

Second doses of the Jynneos vaccine are available to people who are at least 28 days from receiving their first dose. People should seek the second dose from their usual health care provider, regardless of where their initial dose was obtained.

Visit <https://sf.gov/information/monkeypox-vaccine> **daily** for updated site locations/times, upcoming community vaccine events, and information on how to get proof of MPX vaccination.

The following locations have supplies of Jynneos vaccine by appointment only:

- Adult Immunization and Travel Clinic (AITC) patients: please make an online appointment at [www.TravelClinicSF.org](http://www.TravelClinicSF.org)
- SF City Clinic: call **628-217-6600**
- Strut patients: call **628-212-8038**
- Kaiser Permanente patients and non-patients: call **415-833-9999**
- UCSF patients and non-patients call **415-502-3566**
- SF Health Network patients: call your provider or health center directly

If you do not have a provider, or have difficulty scheduling an appointment, you can be seen at [Strut](#) located 470 Castro Street (**415-581-1600**).

**Screen regularly for sexually transmitted infections. Syphilis and herpes are much more common than MPX – they appear similar and should be treated too.** Here is a link to the SFDPH Frequently Asked Questions: <https://sf.gov/information/monkeypox-faq>

### Additional resources

#### *CDC*

- **Publication:** Curran KG, Eberly K, Russell OO, et al. HIV and Sexually Transmitted Infections Among Persons with Monkeypox — Eight U.S. Jurisdictions, May 17–July 22, 2022. MMWR Morb Mortal Wkly Rep 2022;71:1141–1147.  
**DOI:** <http://dx.doi.org/10.15585/mmwr.mm7136a1>.



- **Guidance:** Interim Guidance for Prevention and Treatment of Monkeypox in Persons with HIV Infection — United States, August 2022. MMWR Morb Mortal Wkly Rep. ePub: 5 August 2022. DOI: <http://dx.doi.org/10.15585/mmwr.mm7132e4>
- **Guidance:** *Social Gatherings, Safer Sex and Monkeypox.* CDC. <https://www.cdc.gov/poxvirus/monkeypox/prevention/sexual-health.html>

#### SFDPH & CDPH

Updated

- San Francisco Department of Public Health
  - General information on MPX - <https://sf.gov/information/mpx>
  - Vaccine Availability, Eligibility and Sites: <https://sf.gov/information/mpx-vaccine>
  - MPX Frequently Asked Questions: <https://sf.gov/information/mpx-faq>
- **Health Advisory:** San Francisco Department of Public Health [Intradermal Jynneos](#) Issued August 18, 2022.
- **Guidance:** Monkeypox (MPX) Info & Guidance for SF Healthcare Providers- <http://www.sfcidcp.org/mpxhcp>. Last updated: 9/30/22.
- CDPH Monkeypox <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Monkeypox.aspx>

#### GTZ-SF Consortium

- San Francisco AIDS Foundation <https://www.sfaf.org/monkeypox/>
- [Video](#) and [Slides](#) from 8/23/22 GTZ-SF Town Hall on MPX
- *Questions & Answers about Monkeypox.* GTZ-SF. <https://gettingtozerosf.org/wp-content/uploads/2022/07/FAQ-about-Monkeypox-11JUL22.pdf>

#### UCSF

- *Update on Global Monkeypox Outbreak.* CFAR. <https://gettingtozerosf.org/wp-content/uploads/2022/08/CFAR-Update-on-MPX-August-2022.pdf>

#### **COVID-19**

COVID-19 is still with us. This is what you can do to protect yourself and others:

- 1) Keep up to date with vaccination which means 2 boosters if you are living with HIV.
- 2) Mask when you are in indoor gatherings with persons who may have COVID.
- 3) Take a COVID test when you have been exposed to someone with active COVID or when you have symptoms.
- 4) Access treatment if you have COVID.
- 5) Isolate as per guidelines if you have active COVID (10 days or 5 days if rapid test negative).

#### Additional resources

New

New

- Visit the **City & County of San Francisco's Coronavirus (COVID-19) website** here - [sf.org](https://sf.org) – for news and links to services and resources.
- HIV.gov's [COVID-19 and People with HIV](#) Updated: 9/28/22.
- **Health Update:** [Bivalent COVID-19 Vaccine Boosters](#) issued by **San Francisco Department of Public Health** on Sept 8, 2022. Some points included:



- Persons aged  $\geq 12$  years, including those with moderate-severe immune compromise, are recommended to receive 1 age-appropriate bivalent mRNA booster dose at least 2 months after completion of any FDA-approved/authorized monovalent primary series or monovalent booster dose. This replaces all prior booster recommendations for this age group. See updated COVID-19 vaccine schedules from CDC or CDPH.
- Pfizer-BioNTech bivalent booster doses are authorized for ages  $\geq 12$  years, while Moderna bivalent boosters are authorized for ages  $\geq 18$  years. Either brand of age appropriate, bivalent mRNA booster can be used, regardless of the product(s) given as primary series or prior booster doses.
- There is no minimum interval between receipt of JYNNEOS vaccine for MPX and COVID-19 vaccines; co-administration is not contraindicated. Receipt of JYNNEOS is high priority during the MPX outbreak and should not be delayed.
- [Changes Affecting People with HIV](#) (8/8/22) in NIH COVID-19 Treatment Guidelines, revised guidelines [here](#).
- Frequently Asked Questions (FAQ) You've tested POSITIVE for COVID-19 (coronavirus). [Now what?](#)
- Considerations regarding COVID-19 for people living with HIV. Please check the website often -<https://gettingtozerosf.org/>.

### **Meningitis**

Talk to your provider to be sure you are up to date on your meningitis vaccine.

A few bullet points:

- **Guidance:** Meningococcal Disease Among Gay, Bisexual and Other Men Who Have Sex with Men: What You Need to Know (including where to get a vaccine in SF), visit link: [here](#)
- **Health Advisory:** San Francisco Department of Public Health issued recommendations for SF clinicians, linked here: <https://www.sfcddcp.org/wp-content/uploads/2022/05/Advisory-MenACWY-MSM-FINAL-2022.05.18-1.pdf>