



Updates on Monkeypox, Meningitis and COVID-19

August 15, 2022

Monkeypox

Monkeypox is a virus that can cause skin lesions either in local site such as genitals or over the body. It can also cause fever, fatigue, and enlarged lymph nodes. It is spread by close contact, including direct skin-to-skin contact. Most cases are in men who have sex with men, but anyone can get monkeypox. San Francisco has limited doses of the Jynneos monkeypox vaccine for **post-exposure prophylaxis vaccination**, which means for people who have already been exposed or possibly exposed to a person who has monkeypox. Visit this SFPD website for more information, including **who is eligible for vaccination**:

<https://sf.gov/information/monkeypox>.

The walk-in vaccination clinic is located at ZSFG at 1001 Potrero, Building 30, visit <https://sf.gov/information/monkeypox-vaccine> daily for updated clinic hours.

Kaiser, UCSF, and Sutter will be providing doses via appointments. Kaiser and UCSF will serve non-patients. Please check their websites for appointments or call your provider for more information.

- Adult Immunization and Travel Clinic (AIRC) patients call: [415-554-2625](tel:415-554-2625)
- Strut patients: call [415-581-1600](tel:415-581-1600)
- Kaiser-Permanente patients and non-patients: call [415-833-9999](tel:415-833-9999)
- SF Health Network patients: call your provider or health center directly
- UCSF patients and non-patients: call [415-502-3566](tel:415-502-3566)

Here is a link to the press release announcing the City's local emergency declaration:

<https://sfmayor.org/article/san-francisco-declare-local-public-health-emergency-monkeypox>

Additional resources

CDC

Updated

- **Guidance:** Interim Guidance for Prevention and Treatment of Monkeypox in Persons with HIV Infection — United States, August 2022. MMWR Morb Mortal Wkly Rep. ePub: 5 August 2022. DOI: <http://dx.doi.org/10.15585/mmwr.mm7132e4>

Updated

- **Guidance:** *Social Gatherings, Safer Sex and Monkeypox*. CDC. <https://www.cdc.gov/poxvirus/monkeypox/sexualhealth/index.html> (PDF - [English](#), [Spanish](#))

SFPD & CDPH

Updated

- SFPD Monkeypox Outbreak <https://www.sfpdcp.org/>
- **Health Update:** San Francisco Department of Public Health issued, linked here: <https://www.sfpdcp.org/wp-content/uploads/2022/08/MPX-Health-Update-2022-08-10-v.2.pdf>. Updated August 10, 2022. (Version 2, includes correction to section on children/adolescents)
- SFPD Monkeypox Info & Guidance for SF Healthcare Providers - www.sfpdcp.org/monkeypoxhcp. Last updated: August 12, 2022.



- CDPH Monkeypox
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Monkeypox.aspx>

GTZ-SF

- *Questions & Answers about Monkeypox. GTZ-SF.* <https://gettingtozerosf.org/wp-content/uploads/2022/07/FAQ-about-Monkeypox-11JUL22.pdf>

UCSF

- *Update on Global Monkeypox Outbreak. CFAR.*
<https://gettingtozerosf.org/wp-content/uploads/2022/08/CFAR-Update-on-MPX-August-2022.pdf>

Meningitis

Talk to your provider to be sure you are up to date on your meningitis vaccine.

A few bullet points:

- **Guidance:** Meningococcal Disease Among Gay, Bisexual and Other Men Who Have Sex with Men: What You Need to Know (including where to get a vaccine in SF), visit link: [here](#)
- **Health Advisory:** San Francisco Department of Public Health issued recommendations for SF clinicians, linked here: <https://www.sfdcp.org/wp-content/uploads/2022/05/Advisory-MenACWY-MSM-FINAL-2022.05.18-1.pdf>

COVID-19

San Francisco continues to experience high rates of COVID infection. This is what you can do to protect yourself and others:

- 1) Keep up to date with vaccination which means 2 boosters if you are living with HIV.
- 2) Mask when you are in indoor gatherings with persons who may have COVID.
- 3) Take a COVID test when you have been exposed to someone with active COVID or when you have symptoms.
- 4) Access treatment if you have COVID.
- 5) Isolate as per guidelines if you have active COVID (10 days or 5 days if rapid test negative).

Additional resources

- Visit the **City & County of San Francisco's Coronavirus (COVID-19) website** here - sf.org – for news and links to services and resources.
- Frequently Asked Questions (FAQ) You've tested POSITIVE for COVID-19 (coronavirus). [Now what?](#)
- Considerations regarding COVID-19 for people living with HIV. Please check the website often - <https://gettingtozerosf.org/>.